<u>Vidya Bhawan Balika Vidyapeeth, lkr</u>

Std:- III Sub:- English

Date: 15-09-2020

-: My Favourite fruit:-

Banana is a yellow colour fruit which is loved by everyone.

It is a luscious and delicious fruit.

This fruit is a rich source of vitamins, minerals and packed with nutrients.

Banana is extensively grown in tropical and subtropical countries.

This fruit comes in various shapes and sizes.

Eating this fruit helps with digestion of our food and relieves constipation.

I like all foods that are made with bananas like cakes, ice creams, milkshakes, etc.

Raw bananas are also used in making curries and pickles.

The fruit provides various nutritional and health benefits to us.

Banana is a fruit that is loved by one and all for its delectable taste.

H.W Write it two times and remember it

By sanjeev Kumar